my choices 2016

2016 Benefits Enrollment Guide
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Welcome to myChoices—your comprehensive and competitive benefits program for 2016! Offering you choice—in benefits, coverage levels and costs—is a key part of the university’s benefits philosophy.

MyChoices offers you a range of options to protect you when you are ill. More importantly, the program can help you stay healthy—at little or no cost to you. Health care costs continue to rise each year, so our employees’ health and well-being has been a major concern. Focusing on employees’ health (through Healthy@Hopkins, myChoices and other programs) is one of the university’s strategies for managing future health care costs.

You can have a positive effect on your own health (and on health care costs). Here are just a few ways you can make a difference:

- Complete your health risk assessment (offered through your health plan).
- Take advantage of preventive benefits, such as routine physicals and health screenings, available at no cost to you.
- Learn more about health management—consider participating in a free care management program to help you manage chronic conditions.

Please take time to review this guide carefully—it contains important information about enrollment and your benefits. If you have questions about your benefits or how to enroll, please call the Benefits Service Center at 410-516-2000, email your question to benefits@jhu.edu or visit the Benefits website at benefits.jhu.edu/mychoices. Forms may be faxed to 443-997-5820.
Getting Started

Before choosing your 2016 benefit elections, please carefully review this guide, your personalized enrollment form, and information available to you online at benefits.jhu.edu/mychoices. These resources will help you make informed choices.

You can contact the Benefits Service Center by phone, email, fax or mail.

Phone: 410-516-2000
Email: benefits@jhu.edu
Fax: 443-997-5820

Address:
Benefits Service Center
1101 East 33rd Street, Suite D200
Baltimore, MD 21218
Your 2016 Benefits At-A-Glance

The chart below summarizes your health and welfare plans and the options available to you. Benefits marked with a check are fully paid by Johns Hopkins University.

<table>
<thead>
<tr>
<th>Medical Plans</th>
<th>CareFirst BlueCross BlueShield Medical Plan</th>
</tr>
</thead>
<tbody>
<tr>
<td>(includes Prescription Drug coverage through Express Scripts and Kaiser Permanente)</td>
<td>BlueChoice HMO</td>
</tr>
<tr>
<td></td>
<td>Kaiser Permanente HMO</td>
</tr>
<tr>
<td>Dental Plans</td>
<td>CareFirst BlueCross BlueShield Dental Plan (PPO)</td>
</tr>
<tr>
<td></td>
<td>Cigna Dental Plan (PPO)</td>
</tr>
<tr>
<td></td>
<td>United Concordia ConcordiaPLUS Dental Plan (DHMO)</td>
</tr>
<tr>
<td>Flexible Spending Accounts (FSAs)</td>
<td>Health Care Flexible Spending Account</td>
</tr>
<tr>
<td></td>
<td>Dependent Care Flexible Spending Account</td>
</tr>
<tr>
<td>Vision Plan</td>
<td>UnitedHealthCare Vision Plan</td>
</tr>
<tr>
<td>Life Insurance</td>
<td>Life Insurance**:</td>
</tr>
<tr>
<td></td>
<td>✔️ 100% of base salary</td>
</tr>
<tr>
<td></td>
<td>✔️ Additional 100% of base salary</td>
</tr>
<tr>
<td></td>
<td>**Note: JHU pays the full cost for 100% of base salary; if you select additional coverage, you pay the difference and evidence of insurability will be required</td>
</tr>
<tr>
<td></td>
<td>Dependent Life Insurance:</td>
</tr>
<tr>
<td></td>
<td>✔️ $4,000 for spouse or domestic partner and $2,000 per child</td>
</tr>
<tr>
<td>Business Travel Accident Insurance</td>
<td>Business Travel Accident Insurance:</td>
</tr>
<tr>
<td></td>
<td>✔️ $50,000 of coverage</td>
</tr>
<tr>
<td>Disability Protection</td>
<td>Short-Term Disability: benefits generally continue 60% of pre-disability pay for up to 11 weeks</td>
</tr>
<tr>
<td></td>
<td>Long-Term Disability**: after 90 consecutive days, benefits generally continue 60% of pre-disability pay</td>
</tr>
<tr>
<td></td>
<td>***Eligible on first day of month coincident with or next following one year of employment unless proof of prior immediate coverage provided</td>
</tr>
<tr>
<td>Voluntary Benefits</td>
<td>Auto Insurance</td>
</tr>
<tr>
<td></td>
<td>Homeowner’s Insurance</td>
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<tr>
<td></td>
<td>Long Term Care Insurance</td>
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<tr>
<td></td>
<td>Critical Illness Insurance</td>
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<tr>
<td></td>
<td>Accident Insurance</td>
</tr>
<tr>
<td></td>
<td>Hyatt Legal Plan</td>
</tr>
</tbody>
</table>
Participating in the Benefits Program

Who is Eligible

You are eligible to enroll in myChoices as long as you are a full-time bargaining unit employee at the university. You may also cover your eligible dependents, as follows:

- Your legally married spouse or domestic partner*; and
- Your child(ren) up until the end of the year in which your dependent turns age 26. Coverage may be continued for child(ren) up to any age, if they cannot support themselves because of a mental or physical disability (certification of disability is required; contact your Medical insurance provider for more information).

For this purpose, “children” are: biological children, adopted children, children placed with the eligible employee for adoption, stepchildren, children of the employee’s domestic partner, or children for whom the eligible employee has been appointed legal guardian. You will need to submit dependent documentation.

Coverage Levels

When you enroll, you’ll choose your coverage level for medical and dental coverage. Dependents may only be covered under the plan you elect for yourself. The types of coverage available are:

- Individual – bargaining unit employee
- 1 Adult and Child(ren) – bargaining unit employee and one or more children
- 2 Adults – bargaining unit employee and spouse or domestic partner*
- 2 Adults and Child(ren) – bargaining unit employee, spouse or domestic partner*, and one or more children

*Must qualify for coverage under the Johns Hopkins University Domestic Partnership Benefits Policy, which can be found on the Benefits website at http://benefits.jhu.edu/resources
Participating in the Benefits Program

When Coverage Begins
The participation date for the myChoices Program generally is the first day of employment in an eligible status. However, if you are not at work due to an illness or injury on the date your university-paid life insurance would take effect, your life insurance will not take effect until you return to work for one full day.

How Long Coverage Lasts
The choices you make now will remain in effect through December 31, 2016—unless you have a change in:

- Your marital status (e.g., marriage, certification of domestic partnership, divorce, legal separation, annulment, or death of a spouse or domestic partner)
- The number of your dependents as a result of birth, adoption, change in guardianship, death, or dissolution of a domestic partnership
- Employment status for you, your spouse, domestic partner, or dependent
- Place of residence or employment for you, your spouse, domestic partner, or dependent
- Your child’s eligibility for coverage as a result of a judgment, decree, or order (including a Qualified Medical Child Support Order)
- Any event that causes a dependent to satisfy or cease to satisfy requirements for coverage as specified by the plan.

If any of these qualified life events occur, you can make an election that's consistent with the change within 30 days. If you lose Medicaid or Children’s Health Insurance Program (CHIP) coverage, or if you become eligible for state premium assistance, you have 60 days to make changes to your coverage.

You are not required to enroll your spouse or domestic partner for medical coverage. However, if you are choosing not to enroll a formerly covered spouse or domestic partner because of a termination in the relationship, be sure to complete a Termination of Marriage or Domestic Partnership form (available on http://benefits.jhu.edu/documents/termination1.pdf).

Sharing the Cost for Coverage
You and the university share in the cost of your benefits coverage. The university pays the majority of the plan costs; you pay the balance.

![Sharing the Cost of Coverage](chart)

*Note: Chart is a representation and does not reflect any specific circumstance.

When you enroll, you will pay for your benefit elections with pre-tax dollars deducted from your paycheck.

With regard to taxes, the value of the premiums you pay to purchase more than $50,000 of life insurance for yourself are reported as taxable income on your W-2 form.
Medical Plan

You have three medical options from which to choose:

- CareFirst BlueCross® BlueShield® (BCBS) Medical Plan – an indemnity plan
- BlueChoice – a health maintenance organization (HMO)
- Kaiser Permanente – a health maintenance organization (HMO)

You may also choose not to elect coverage.

Medical benefits help you and your family stay healthy and manage your health conditions. All options provide benefit coverage for preventive, routine, and emergency medical treatments and services.

See the table below for more information about how your plan options differ in some important ways.

<table>
<thead>
<tr>
<th>How the Medical Plans Compare</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Things to consider…</strong></td>
</tr>
<tr>
<td>Choice of provider</td>
</tr>
<tr>
<td>PCP/referrals needed</td>
</tr>
<tr>
<td>What you pay out-of-pocket</td>
</tr>
</tbody>
</table>

Understand and Compare Your Medical Plan Options

To help you select the best and most cost-effective plan for you and your family, you can use the Medical Plan Coverage Comparison tool. This tool provides a side-by-side comparison of the individual features of the medical (and dental) plans that are available to you. For example, let's say that you really want to understand how the plans compare on the deductible, cost of physician services and prescription drugs. You check off these categories in the tool, and you will instantly see how each of the three plans compares just on these specific features. To access this tool, visit www.2016jhumedcovcomp.com.

Women’s Health and Cancer Rights Act

In compliance with the Women’s Health and Cancer Rights Act, all options include the following mastectomy benefits:

- Reconstruction of the breast on which the mastectomy was performed
- Surgery and reconstruction of the other breast to produce a symmetrical appearance
- Prosthesis and treatment of physical complications of all stages of mastectomy, including lymphedemas

The attending physician and the patient will determine together the manner of treatment. All coverage is subject to any deductibles, copayments, and/or coinsurance.
Medical Plan

CareFirst BlueCross BlueShield Plan
This plan is a traditional indemnity-type medical plan, which means you pay your deductible first, and then you pay a portion of the cost (your coinsurance amount, typically 20%) each time you use medical services. There are limits on the amount you have to pay out of your pocket each year (your out-of-pocket maximum). If you meet your out-of-pocket maximum during a calendar year, the plan pays 100% of your remaining eligible expenses up to the allowed amount. You pay less for care when you use network physicians.

Two Networks Available
Preferred Physician Network: The university has created a special Preferred Physician Network, which consists of many School of Medicine physicians. When you see a Johns Hopkins Preferred Physician, there are no out-of-pocket costs for eligible professional services once your deductible has been met. Please note that for diagnostic testing, facility and hospital charges you will incur additional expenses.

CareFirst’s PPO Network: When you see a physician who is a member of CareFirst’s PPO network, you pay less based on your physician’s negotiated fee. There are also no claim forms to file.

Free Biennial Adult Eye Examination
Bargaining Unit employees, and their eligible dependents (who are age 18 and older and CareFirst BCBS Medical Plan participants), are eligible for a free eye exam every two years by a selected Wilmer Eye Institute School of Medicine provider in the Baltimore area. The comprehensive eye exam will consist of a routine eye exam and complete visual system exam. Call 410-614-TEST to schedule an appointment.

Note: Eyeglasses, new contact lenses, and dispensing of contact lenses are not included in the routine eye exam and are not covered by the university medical plans. For information on the voluntary Vision Plan, see page 12.

Annual Physical/OB-GYN Exam
The plan will pay 100% of usual, customary, and reasonable fees for a routine annual physical and OB-GYN exam. If you use a non-participating provider, you will be responsible for any charges billed in excess of the allowed amount. Your health care provider must submit the claim as a wellness benefit, and if there were additional tests necessary to diagnose a specific health condition, those claims will be subject to the deductible and coinsurance.

The HMOs: BlueChoice and Kaiser Permanente
An HMO is a managed health care plan that offers comprehensive medical care. All services must be coordinated and approved by your HMO’s primary care physician. If you elect to participate in an HMO, you are limited to using physicians and facilities that are part of that HMO’s network of providers. This means that unless you have a life-threatening emergency, or a sudden and serious condition that occurs outside of the HMO’s network area, all health care services must be coordinated and approved by your HMO’s primary care physician.

BlueChoice and Kaiser Permanente are the two HMO plans offered by the university. Kaiser Permanente provides the majority of their services in a single central location but also includes some community-based providers. The BlueChoice network consists of independent physicians with offices located throughout the community. These HMOs differ in the cost and services they provide. Detailed information about each HMO is available by visiting the following websites:

- www.carefirst.com for BlueChoice and the CareFirst PPO
Medical Plan

Prescription Drug Benefits
When you enroll for medical coverage, you and your covered family members also receive prescription drug benefits. The cost of your prescription depends upon whether:

- you purchase it from a retail pharmacy or through mail order
- your drug is on the approved drug list (i.e., formulary) or not on the formulary
- your prescription is filled with a generic drug or a brand-name drug

Please note: If your doctor includes a “dispense as written” or “brand due to medical necessity” notation on a prescription (which means NO generic substitution), you will pay the formulary brand or non-formulary brand copay.

If You Are Covered by CareFirst BlueCross BlueShield or BlueChoice
The university offers prescription drug coverage through Express Scripts. The chart below shows what you pay for both retail and mail order. If you take a maintenance medication (e.g., for high blood pressure or high cholesterol), you might want to consider using the mail order program for added convenience.

If You Are Covered by Kaiser Permanente
If you choose medical coverage through Kaiser Permanente, your prescriptions will be processed by Kaiser. The chart below shows what you pay when you use a Kaiser pharmacy, preferred community pharmacy, or mail order.

<table>
<thead>
<tr>
<th>BlueCross BlueShield and BlueChoice</th>
<th>BlueCross BlueShield</th>
<th>BlueChoice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Annual out-of-pocket maximum</td>
<td>$2,000 per person</td>
<td>$2,000 per person</td>
</tr>
<tr>
<td></td>
<td>$6,000 per family</td>
<td>$6,000 per family</td>
</tr>
<tr>
<td>Retail (Up to 30-day supply)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Generic</td>
<td>$10</td>
<td>$10</td>
</tr>
<tr>
<td>Formulary*</td>
<td>20% ($30 min/$45 max)</td>
<td>20% ($30 min/$45 max)</td>
</tr>
<tr>
<td>Non-formulary* brand</td>
<td>25% ($60 min/$100 max)</td>
<td>25% ($60 min/$100 max)</td>
</tr>
<tr>
<td>Mail-order (Up to 90-day supply)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Generic*</td>
<td>$25</td>
<td>$25</td>
</tr>
<tr>
<td>Formulary*</td>
<td>$75</td>
<td>$75</td>
</tr>
<tr>
<td>Non-formulary* brand</td>
<td>$150</td>
<td>$150</td>
</tr>
</tbody>
</table>

| Kaiser Permanente                   |                      |            |
| Retail – Kaiser Pharmacy Up to 30-day supply | $7 | $10 | $14 |
| Retail – Community Pharmacy Up to 30-day supply | $15 | $20 | $30 |
| Mail Order (Maintenance drug program up to a 90-day supply for two copays) | $30 | $35 | $60 |

*Annual out-of-pocket maximum is integrated with medical.

*A formulary brand is one that is on the approved drug list, or formulary. A non-formulary drug is one that is not on that list.
Healthy@Hopkins

Healthy@Hopkins helps you make a difference—in your personal and financial health.

If you’re concerned about your personal health, Healthy@Hopkins gives you access to:

- A confidential survey, called a health risk assessment (HRA), to help you understand your current health risks and develop a plan for addressing them.
- Healthy Living programs (available at or near your work) to help you lose weight, reduce stress, or start exercising. There may be a small charge for some of these programs.
- Care Management programs to help you manage a chronic health condition, if you have one.

Healthy@Hopkins also offers tools and resources that help you improve your financial health:

- For help planning a secure financial future, take advantage of your 403(b) Retirement Plan. A wealth of financial education resources are available on the vendor websites.
- For help with the day-to-day issues of juggling work and family, take a look at what WORKlife programs has to offer.

For more information about the many programs available through Healthy@Hopkins, visit the Benefits website at http://benefits.jhu.edu and select Wellness from the top navigation bar.

Back 2 Basics

The building blocks of a healthy lifestyle include more than eating right and exercising (although they’re a good start). A more holistic approach to health includes both your personal health and your financial health. Your university benefits program can help!

Make it a priority this enrollment season to:
1. Get an annual physical (it’s covered at 100% in-network).
2. Complete your HRA—now through your medical plan.
3. Get financially fit—maximize your retirement savings through your retirement plans.

Here are some ideas for getting the most out of your benefits:

- Join the 100% Club. Find out which benefit services are covered in full.
- Use your WageWorks FSA reimbursement card.
- Ensure you have the right coverage for your eligible dependents.
- Check out the different offerings through your health plan, the Office of Work, Life and Engagement, and Healthy@Hopkins.

Know Your Numbers

If you want to take charge of your physical—and financial—health, where’s the best place to start? Know your numbers. Participate in a Benefits Fair (held in the fall of each year) so you can learn your numbers (such as blood pressure or body mass index) and speak to your health care provider about your risk factors.

HRA Through Your Medical Plan

Take just 15 minutes to complete your confidential, personal HRA. Complete it online at http://www.benefits.jhu.edu/wellness/prevention.cfm—from your home or at work.

What is the HRA? It’s a confidential questionnaire about your current health and lifestyle. The individual HRA results are confidential, but the aggregate results show the wellness needs of university employees. So, even if you completed an HRA last year, it’s important that you complete one this year—the university uses the information to develop and enhance our wellness programs and strategies.
Dental Plan

You have three dental options from which to choose:

- CareFirst BlueCross BlueShield PPO Dental Plan
- Cigna PPO Dental Plan
- United Concordia ConcordiaPLUS Dental Plan

You may also choose to not elect coverage.

The CareFirst BlueCross BlueShield Dental Plan allows you to see any dentist. You save time and money when you see a CareFirst in-network (preferred) dentist. Your dentist files the claim for you, you don’t pay a deductible and your dentist accepts the negotiated rate. If your dentist participates in the BCBS plan, but is not a preferred dentist, you’ll still have the convenience of no claim forms to file and a lower negotiated rate, but you may be responsible for satisfying a deductible. If you choose a dentist who does not participate with the BCBS Dental Plan (out-of-network), you are still covered, but your out-of-pocket expenses may be higher.

The Cigna Dental Plan allows you to see any dentist. Your costs are lower when you choose a dentist from the Cigna network. A participating dentist accepts the allowed amount as payment in full and submits your claim for you.

The United Concordia ConcordiaPLUS Dental Plan is a Dental HMO plan. The plan has a network of participating dental offices and you must see a provider within this network, or your care will not be covered. No claim forms are required, and United Concordia uses a fixed schedule of benefits that shows you exactly what you will pay for each procedure before you go to the dentist. Each family member may select a different dentist.

For a side-by-side comparison of how the plans compare, see the dental plan comparison chart on the next page.

To find out if your dentist participates in a particular network, visit the provider website:

- CareFirst BlueCross BlueShield at www.carefirst.com
- Cigna at www.cigna.com
- United Concordia at www.ucci.com/tuctcc/clients.jsp?id=50
Dental Plan

Dental Plan Comparison

This comparison of dental services includes a list of the most common procedures covered under each class of service. Benefit schedules and network directories for each of the dental plans are available on the Benefits website and vendor website. See “Resources” on page 18 for contact information.

<table>
<thead>
<tr>
<th></th>
<th>CAREFIRST BCBS DENTAL PLAN</th>
<th>CIGNA DENTAL PLAN</th>
<th>CONCORDIA PLUS DENTAL PLAN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calendar Year Deductible</td>
<td>$0</td>
<td>$50</td>
<td>$0</td>
</tr>
<tr>
<td>Class I Diagnostic &amp; Preventive Services: cleanings, X-rays, office visits</td>
<td>100% of allowable charge</td>
<td>100% of allowable charge</td>
<td>100% of allowable charge</td>
</tr>
<tr>
<td>Class II Basic Services: fillings, root canals, periodontics, oral surgery</td>
<td>75% of allowable charge</td>
<td>75% of allowable charge, subject to deductible</td>
<td>75% of allowable charge</td>
</tr>
<tr>
<td>Class III Major Services: dentures, crowns &amp; bridges</td>
<td>50% of allowable charge</td>
<td>50% of allowable charge, subject to deductible</td>
<td>50% of allowable charge</td>
</tr>
<tr>
<td>Class I, II, &amp; III Calendar Year Maximum Benefit</td>
<td>$1,500 combined</td>
<td>$1,500 combined</td>
<td>$1,500 combined</td>
</tr>
<tr>
<td>Class IV Orthodontics</td>
<td>50% of allowable charge</td>
<td>50% of allowable charge</td>
<td>50% of allowable charge</td>
</tr>
<tr>
<td>Lifetime Maximum Benefit</td>
<td>$1,500 total for in-network and out-of-network orthodontic services</td>
<td>$1,500 total for in-network and out-of-network orthodontic services</td>
<td>$1,500 total for in-network and out-of-network orthodontic services</td>
</tr>
</tbody>
</table>

Note: “allowable charge” is the negotiated fee that is determined to be reasonable and customary by the insurance company. ConcordiaPLUS is a Dental Maintenance Plan (DMO) offered by United Concordia, and it pays benefits on a fixed schedule. For comparison purposes, the amounts have been converted to percentages for use in this chart only.
Vision Plan

Enrollment for vision benefits is done through Mercer Voluntary Benefits, and coverage is provided by the UnitedHealthCare Vision Program.

Below are some of the features of vision care available from a network of more than 31,000 private practice and national retail chains:

- No cost for annual eye exams after an initial $15 copay
- A $130 allowance for discounted lenses and frames, after a $15 copay
- A 20% discount on any costs exceeding your lens and frame allowance
- Free standard scratch resistance coating for lenses
- Full coverage for select contact lenses, and an allowance for the purchase of other contact lenses, after a $15 copay
- Special discounts on laser eye surgery

No claim forms or ID cards are required when you receive vision care.

To enroll, review more information and check the network of vision care providers, visit www.jhuvoluntarybenefits.com.

**Note:** Adult participants in the CareFirst BCBS Medical Plan are eligible for a free eye exam every two years by a selected Wilmer Eye Institute School of Medicine provider. Eyeglasses, new contact lenses, and dispensing of contact lenses are not included in the routine eye exam and are not covered by the university medical plans. See page 7.

Flexible Spending Accounts

If you’re looking for a way to save money on your health and dependent care expenses, consider enrolling in a flexible spending account. These accounts allow you to pay with tax-free dollars for certain health and dependent care expenses. You may participate in one or both of the flexible spending accounts. When you enroll, you decide how much to contribute.

**Health Care Flexible Spending Account**

The Health Care Flexible Spending Account covers eligible health care expenses for you, your spouse and/or anyone you can claim as a dependent on your federal tax return. You use this tax-free money from your account to pay expenses that are not reimbursed by your medical or dental coverage (for example, deductibles and copays). You may contribute up to $2,550 annually to the Health Care Flexible Spending Account.

Be sure to check which medical expenses are considered eligible medical expenses. You can find a representative list in IRS Publication 502, Medical and Dental Expenses, at www.irs.gov/pub/irs-pdf/p502.pdf.

**Using your WageWorks Reimbursement Card**

If you elect to participate in a health care flexible spending account, you are automatically issued a WageWorks reimbursement card to use when paying for eligible expenses. The WageWorks reimbursement card is accepted the same as a debit card at doctors’ offices, medical facilities, hospitals and qualified merchants or merchants certified by the Inventory Information Approval System (IIAS).
Flexible Spending Accounts

Of course, you need to act responsibly when using the WageWorks reimbursement card, just as you would with any credit card.

- **Keep your receipts.** You may be asked to substantiate your purchase, so be prepared to submit a photocopy of your receipts.
- **Buy from qualified or IIAS-certified merchants.** When using your WageWorks reimbursement card at IIAS-certified merchants, you will not be required to submit receipts to WageWorks.
- **Use the card only for qualified medical expenses.** If you purchase items that qualify as medical expenses at the same time you purchase items that do not, pay for your non-eligible expenses separately.

### Maximum Annual Contribution to the Dependent Care Flexible Spending Account

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>If you are single</td>
<td>$5,000</td>
</tr>
<tr>
<td>If you are married and file jointly</td>
<td>$5,000 combined (up to your earned income or your spouse’s earned income, whichever is less)</td>
</tr>
<tr>
<td>If you are married and file separately</td>
<td>$2,500 (up to your earned income or your spouse’s earned income, whichever is less)</td>
</tr>
<tr>
<td>If you’re married and your spouse is a student or incapable of self-care, and you claim:</td>
<td></td>
</tr>
<tr>
<td>- One dependent:</td>
<td>$2,400</td>
</tr>
<tr>
<td>- Two or more dependents:</td>
<td>$4,800</td>
</tr>
</tbody>
</table>

### Dependent Care Flexible Spending Account

The Dependent Care Flexible Spending Account allows you to use tax-free dollars to reimburse yourself for dependent care expenses so that you can work. This account does not cover medical expenses for your dependents. If you’re married, you can use the Dependent Care Flexible Spending Account provided your spouse works, is disabled, or attends school full time for at least five months during the year. The maximum contribution you can make to the Dependent Care Flexible Spending Account depends on whether you’re married and how you handle your tax filing, as shown on the table below.

### Eligible Dependents

The Dependent Care Flexible Spending Account can be used only to reimburse expenses for the care of eligible dependents. Under IRS regulations, eligible dependents include:

- Your children **under age 13** whom you claim as dependents (or could claim, except as agreed otherwise in a divorce settlement)
- Your disabled spouse who lives with you for more than half the year
- Any other relatives or household members who are physically or mentally unable to care for themselves, for whom you provide over half of their support and who spend at least eight hours per day in your home.

It’s important to plan carefully when determining your contributions. In exchange for the tax advantages of flexible spending accounts, the IRS limits the amount you can roll over at the end of the year. Health Care FSA plan participants are allowed to carry over up to $500 into the next plan year. Participants forfeit any unused money in your Dependent Care FSA at the end of the year. And, you can’t transfer money between accounts.
Flexible Spending Accounts

Using Your Account

Our Dependent Care Flexible Spending Account is also administered by WageWorks, and you have easy access to your money when you need it. After you enroll, you may access your account online or by phone. Monthly statements are available online.

Note that your account has a Pay My Provider feature (similar to online bill pay), which allows you to schedule monthly payments to your dependent care provider without ever writing a check.

Spouses/domestic partners and children of spouses/domestic partners are covered under both medical and dental plans. But, under federal tax law, neither the Dependent Care Flexible Spending Account nor the Health Care Flexible Spending Account may be used for expenses of spouses/domestic partners or the children of spouses/domestic partners unless they qualify as your eligible dependent under the specific federal tax law definitions that apply to Dependent Care and Health Care Flexible Spending Accounts.

For a list of eligible dependent expenses or more details about qualifying dependent care expenses, see IRS publication 503, Child and Dependent Care Expenses, at www.irs.gov/pub/irs-pdf/p503.pdf.

Any expenses paid through the Dependent Care Flexible Spending Account reduce the amount available under the federal childcare tax credit. To learn whether the Dependent Care Flexible Spending Account or tax credit will be most beneficial to you, talk with your tax adviser.

Note: The university will, if necessary, reduce or stop contributions to a participant’s Dependent Care Flexible Spending Account if testing shows a disproportionate use of the accounts by higher paid individuals.

For flexible spending accounts, the IRS defines “incurred” as the date the medical care or dependent care is provided, not the date when the participant is formally billed, charged for, or pays for care. Any claims incurred during the calendar year must be submitted for payment by April 30 of the following calendar year.
Life and Business Travel Accident Insurance

Life Insurance
(Basic and Supplemental)
You may choose from two different life insurance options. The university provides one times your base salary as a university-paid benefit (no cost to you). You can purchase additional coverage of one times your salary. A form to show evidence of insurability will be required.

**Example**
If you earn a base salary of $30,000 per year, the university will provide one times your salary—$30,000 of coverage—at no cost to you. If you wish to purchase additional coverage, you will pay the cost of the insurance above $30,000 coverage.

The life insurance benefit your beneficiary would receive is tax-free. The premium for the first $50,000 of life insurance is also tax-free. However, the cost for more than $50,000 of insurance (imputed income according to the federal tables) will be reported on your W-2 form as part of your taxable income. (In the example above, because you purchased $60,000 of life insurance, only the cost of $10,000 insurance—$60,000 minus $50,000—would be taxable income.)

**Designating Your Beneficiary**
If you enrolled for benefits during the past year, the beneficiaries you named to receive life insurance benefits from the plan upon your death are available to you online and are printed on your personalized enrollment form. If you want to change this information or if this is your first enrollment, please update this information online or on your enrollment form.

Business Travel Accident Insurance
Bargaining unit employees are covered by $50,000 of business travel accident insurance for accidental death while on a business trip authorized by the university. The university pays the full cost for this coverage. In the event of dismemberment, payments are made depending upon the severity of the injury with the amount not exceeding $50,000. In the event of a death claim, the beneficiary designation for the group life insurance will be used unless you choose to complete a separate Group Business Travel Accident Beneficiary Form.

**Dependent Life Insurance**
The university provides dependent life insurance for your legally married spouse or domestic partner and/or your unmarried dependent child(ren) up until the end of the year in which your dependent turns 26. Your coverage includes $4,000 for your spouse/domestic partner and $2,000 per child.

**Tax Note**
To learn more about the tax implications of purchasing life insurance for your domestic partner and/or his/her children, talk with your tax adviser.
Disability Protection

Short-Term Disability Plan
You may choose to elect short-term disability (STD) coverage as part of myChoices. If elected, the STD Plan pays 60% of your pre-disability base salary* (up to a maximum of $1,000 per week), if you are unable to work for more than 14 consecutive days and your claim is approved by The Hartford. This benefit may be paid for a maximum of 11 weeks.

If you purchase STD coverage, you do so with tax-free dollars, so the benefit you receive would be taxed as ordinary income. New for 2016—you may enroll for coverage, even if you have a pre-existing medical condition (e.g., pregnancy).

*If you receive a pay raise that is effective after the date of disability, benefits are not increased.

Long-Term Disability Plan
The university provides long-term disability (LTD) coverage at no cost for bargaining unit employees. LTD benefits replace 60% of your pre-disability base salary* (not to exceed $10,000 monthly) if you are unable to work more than 90 consecutive days and your claim is approved by The Hartford. To be eligible for coverage, you must have:
- completed one year of continuous, full-time service at the university, or
- joined Johns Hopkins University within three months of leaving another employer where you were covered under a similar plan for at least one year and have submitted documentation of this coverage.

Voluntary Insurance Benefits

Johns Hopkins University offers several Voluntary Insurance Benefit options. To learn more about these options, go to www.jhuvoluntarybenefits.com.

Auto and Homeowner’s
Johns Hopkins University offers the option to setup convenient payroll deductions to pay for your auto, homeowner’s, or renters insurance. In addition to convenience, you may be able to receive a special group discount on this insurance, or a discount based on your length of service at the university.

You do not need to wait until your current coverage renews to shop for new coverage—you can get a quote and apply for coverage anytime throughout the year.

Long Term Care
This valuable coverage offers services that help with normal daily activities, and may be provided in the home, the community, in assisted living, or in a nursing home. The university offers group Long Term Care Insurance to eligible bargaining unit members. You may purchase it for yourself, as well as family members.

Critical Illness
Critical Illness Insurance provides additional financial protection to you during treatment for illnesses such as cancer and Alzheimer’s disease. You receive a lump-sum benefit to help you pay some of your additional expenses. You have three options for coverage:
- $10,000
- $15,000
- $20,000

Accident
Accident Insurance allows you to purchase low-cost coverage that pays benefits if you are involved in an accident off the job.

Hyatt Legal
The Hyatt Legal plan provides participants with unlimited access to nearly 11,000 attorneys nationwide at discounted rates. You can get in touch with an attorney either by phone or in person.
Bargaining Unit Employees’ Pension Plan

You are eligible for this retirement plan if you are a bargaining unit employee who was hired:

- Before January 1, 2002; or
- On or after January 1, 2002, in which case you become eligible for this plan once you complete two years of service.

How the Plan Works

The plan is a traditional defined benefit pension plan that pays you a monthly retirement income once you retire. Your pension is based upon:

- Your length of service with the university;
- Your earnings and salary history while at the university; and
- Your age when retirement income payments begin.

You are vested in this benefit (i.e., “own” this benefit).

The plan defines when you may retire and begin receiving your benefits:

- Early retirement is as soon as you reach age 55, provided you are fully vested.
- Normal retirement is the first day of the month following your 65th birthday.
- Late retirement is generally, any time after your normal retirement date.

Tuition Benefits

The university offers two types of tuition reimbursement plans. Full details can be found at benefits.jhu.edu/ tuition but here’s a quick summary:

Tuition Grant: Your dependents may be eligible for a grant applied towards the cost of full-time study at a degree-granting institution.

Tuition Reimbursement: You may be eligible to take undergraduate credit and non-credit courses for career development at the university. If the courses are not available through the university, they may be taken at another university and paid at the same level.
# Resources

Below you’ll find contact information for each of our benefits plan vendors and administrators.

## Medical

<table>
<thead>
<tr>
<th>Plan Name</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>CareFirst BlueCross BlueShield</td>
<td>1-877-691-5856</td>
<td><a href="http://www.carefirst.com">www.carefirst.com</a></td>
</tr>
<tr>
<td>BlueChoice</td>
<td>1-877-691-5856</td>
<td><a href="http://www.carefirst.com">www.carefirst.com</a></td>
</tr>
<tr>
<td>Kaiser Permanente</td>
<td>1-800-777-7902</td>
<td><a href="http://www.kaiserpermanente.org">www.kaiserpermanente.org</a></td>
</tr>
</tbody>
</table>

## Prescription Drugs

<table>
<thead>
<tr>
<th>Plan Name</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Express Scripts</td>
<td>1-800-336-3862</td>
<td><a href="http://www.express-scripts.com">www.express-scripts.com</a></td>
</tr>
<tr>
<td>Kaiser Permanente</td>
<td>1-800-777-7902</td>
<td><a href="http://www.kaiserpermanente.org">www.kaiserpermanente.org</a></td>
</tr>
</tbody>
</table>

## Dental

<table>
<thead>
<tr>
<th>Plan Name</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>CareFirst BlueCross BlueShield</td>
<td>1-877-691-5856</td>
<td><a href="http://www.carefirst.com">www.carefirst.com</a></td>
</tr>
<tr>
<td>Cigna</td>
<td>1-888-336-8258</td>
<td><a href="http://www.cigna.com/">http://www.cigna.com/</a></td>
</tr>
<tr>
<td>United Concordia</td>
<td>1-866-357-3304</td>
<td><a href="http://www.uci.com/tuctcc/clients.jsp?id=50">www.uci.com/tuctcc/clients.jsp?id=50</a></td>
</tr>
<tr>
<td></td>
<td>1-800-332-0366</td>
<td></td>
</tr>
</tbody>
</table>

## Vision

<table>
<thead>
<tr>
<th>Plan Name</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mercer</td>
<td>1-866-795-9362</td>
<td><a href="http://www.jhuvoluntarybenefits.com">www.jhuvoluntarybenefits.com</a></td>
</tr>
</tbody>
</table>

## Flexible Spending Accounts

<table>
<thead>
<tr>
<th>Plan Name</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>WageWorks</td>
<td>1-877-924-3967</td>
<td><a href="http://www.wageworks.com">www.wageworks.com</a></td>
</tr>
</tbody>
</table>

## Life Insurance and Dependent Life Insurance

<table>
<thead>
<tr>
<th>Plan Name</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>MetLife</td>
<td>1-800-523-2894</td>
<td><a href="http://www.metlife.com">www.metlife.com</a></td>
</tr>
</tbody>
</table>

## Disability

<table>
<thead>
<tr>
<th>Plan Name</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Hartford</td>
<td>1-800-303-9744</td>
<td><a href="http://www.thehartford.com">www.thehartford.com</a></td>
</tr>
</tbody>
</table>

## Benefits Service Center

<table>
<thead>
<tr>
<th>Plan Name</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Benefits Service Center</td>
<td>1-410-516-2000</td>
<td><a href="http://benefits.jhu.edu">http://benefits.jhu.edu</a></td>
</tr>
</tbody>
</table>

## Voluntary Benefits

<table>
<thead>
<tr>
<th>Plan Name</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mercer</td>
<td>1-866-795-9362</td>
<td><a href="http://www.jhuvoluntarybenefits.com">www.jhuvoluntarybenefits.com</a></td>
</tr>
<tr>
<td>Auto and Homeowner’s Insurance</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Critical Illness Insurance</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accident Insurance</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hyatt Legal Plan</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Long Term Care Insurance</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## Legal Notices

Legal notices informing you of your rights under Federal law are on the Benefits website—http://benefits.jhu.edu/resources/legal.cfm.
| Benefits | BlueCross BlueShield Plan  
1-877-691-5856  
www.carefirst.com | BlueChoice (HMO)  
1-877-691-5856  
www.carefirst.com | Kaiser Permanente (HMO)  
1-800-777-7902  
www.kaiserpermanente.org |
|---|---|---|---|
| Annual deductible  
(does not apply to out-of-pocket maximum) | $500 per person  
$1,500 per family | None | |
| Annual out-of-pocket maximum | $1,500 per person  
$4,500 per family | $1,500 per person  
$4,500 per family | $3,500 single  
$9,400 family |
| Annual maximum benefit | None | None | |
| Dependent eligibility | Legally married spouse or domestic partner (if qualified for coverage under Johns Hopkins University Domestic Partnership Benefits Policy) may be covered  
Child(ren) are eligible for coverage regardless of other medical coverage up until the end of the year in which they turn age 26; coverage may continue for child(ren) up to any age if they cannot support themselves because of a mental or physical disability that occurred before they reached the age limit when coverage would normally end | |
| Preventive Care | Routine annual adult physical and OB/GYN exam:  
100% covered one per calendar year  
Well child: 100% covered (through age 17) | 100% covered | 100% covered |
| Immunizations (adult) and mammograms | 100% covered | | 100% covered |
| Physician Services | | | |
| Physician services (office visit) | 80% covered after deductible;  
100% covered after deductible, if JHU network provider | $15 copay;  
$30 specialist copay | $15 copay;  
$30 specialist copay |
| Physician services (medical and surgical) | 80% covered after deductible;  
100% covered after deductible, if JHU network provider | Inpatient 100% covered;  
outpatient $15 PCP copay; $30 specialist copay | Inpatient 100% covered;  
outpatient $15 copay; $30 specialist copay |
| Hospital Services | | | |
| Hospital service benefits (inpatient) | 80% covered after deductible | | 100% covered |
| Hospital copay per inpatient admission | $150 copay | $100 copay | $100 copay |
| Emergency care (sudden and serious and accidental injury) | $100 copay  
(waived if admitted) | $50 copay  
(waived if admitted) | $75 copay  
(waived if admitted) |
| Urgent care | $50 copay | $25 copay | $30 copay |
| Outpatient surgery | Facility: 100% covered  
Physician: 80% covered after deductible | $60 copay | $50 copay |

This matrix summarizes the features of the medical benefits offered under the various plans. If there are any discrepancies between the content of this matrix and the Plan document, the document will govern.

This enrollment guide provides highlights of the Johns Hopkins University Health and Welfare Plans for bargaining unit employees. The university has made every effort to ensure that this guide accurately reflects the plan documents and contracts. If there is a discrepancy between this guide and those documents or contracts, the documents, summary plan descriptions, or contracts will take precedence.
## Health Plan Comparison Chart

<table>
<thead>
<tr>
<th>Benefits</th>
<th>BlueCross BlueShield Plan</th>
<th>BlueChoice (HMO)</th>
<th>Kaiser Permanente (HMO)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1-877-691-5856</td>
<td>1-877-691-5856</td>
<td>1-800-777-7902</td>
</tr>
<tr>
<td><strong>Mental Health/Substance Abuse</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mental health (inpatient)</td>
<td>80% covered after deductible</td>
<td>100% covered (subject to authorization from Magellan); partial hospitalization at $10 per day</td>
<td>100% covered</td>
</tr>
<tr>
<td>Mental health (outpatient)</td>
<td>80% covered after deductible</td>
<td>$10 per visit</td>
<td>Group Therapy: $5 copay Individual Therapy: $10 copay</td>
</tr>
<tr>
<td>Alcohol and drug addiction (inpatient)</td>
<td>80% covered after deductible</td>
<td>100% covered</td>
<td>100% covered</td>
</tr>
<tr>
<td>Alcohol and drug addiction (outpatient)</td>
<td>80% covered after deductible</td>
<td>$10 per visit</td>
<td>Group Therapy: $5 copay Individual Therapy: $10 copay</td>
</tr>
<tr>
<td><strong>Reproductive Health</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pre- and post-natal care</td>
<td>80% covered after deductible; 100% covered after deductible if JHU network provider</td>
<td>$30 specialist copay (not more than $150 per pregnancy)</td>
<td>100% covered except $10 copay to confirm pregnancy</td>
</tr>
<tr>
<td>Family planning &amp; fertility testing</td>
<td>Family planning not covered; fertility testing 80% covered after deductible, subject to review</td>
<td>$15 copay per visit $30 specialist copay per visit</td>
<td>100% covered per family planning visit; testing covered at 50%</td>
</tr>
<tr>
<td>Artificial insemination</td>
<td>An approved plan of treatment is required; benefits are limited to 6 attempts per live birth; 80% covered after deductible; physician 100% covered after deductible if JHU network provider</td>
<td>50% of allowable charges (limited to 6 attempts per live birth)</td>
<td>50% of allowable charges</td>
</tr>
<tr>
<td>In vitro fertilization</td>
<td>An approved plan of treatment is required; benefits are limited to 3 attempts per live birth; 80% covered after deductible; $100,000 lifetime maximum; physician 100% covered after deductible if JHU network provider</td>
<td>50% of allowable charges; $100,000 lifetime maximum or 3 attempts per live birth</td>
<td>50% covered up to 3 attempts per live birth; $100,000 lifetime maximum</td>
</tr>
</tbody>
</table>

For prescription drug information, see page 8.